



2010 Bayside World Market & Fair

International Food, Music and Shopping Festival Returns to Downtown Portland **SATURDAY, JUNE 12**



Photo by Tim Cousins



Photo by Sam Cousins

FOR THE FOURTH YEAR IN A ROW, the Bayside World Market & Fair will bring together downtown’s diverse residents for a celebration of the city’s international flair. **The festival takes place on Saturday, June 12, from 11 a.m. to 4 p.m. at Portland High. Admission is free.**

The popular event attracts thousands of people each year with international cuisine, a large marketplace, and a free program of music, dance, and immigrant journey stories. Market-goers will find flea market tables lining Cumberland Avenue and indoor market vendors offering a wide assortment of goods, including crafts, art, jewelry, and clothing.

One of the festival’s big attractions is the international food court. This year’s food vendors represent cuisines from Asia, Africa, the Middle East, and Eastern Europe. Vendors include Sabieng (Thai), Medeo (Eastern European), Ven Laam (Vietnamese), Hooria (Afghan), Hanna (Somali), Asmara (Ethiopian/Eritrean), and Shamso (Somali).

There will be an area dedicated to *Journey Stories*, personal narratives of the immigrant journey to Maine from Brazil, Iraq, Rwanda, and other countries, as well as a children’s area with a story circle, finger-nail painting, crafts, masks, and puzzles.

The auditorium offers a free program of music and dance. This year’s line-up and schedule appears at right.

Photo credits, clockwise from top left: exotic foods served fresh, photo by Tim Cousins; more ethnic food varieties, photo by Sam Cousins; Bellydancer Jamileh. photo by Leigh Kelly; Street vendors, photo by Avery Yale Kamila; bottom image, Different Drummers Joyful Hearts Club Band; photo by Tim Cousins.



Photo by Avery Yale Kamila

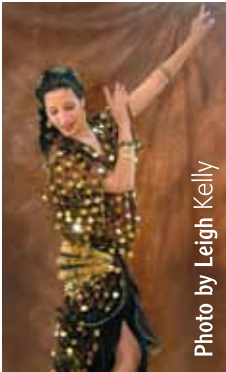


Photo by Leigh Kelly

SCHEDULE of Performers Saturday, June 12

- 11:40 am-12:10 pm: Chinese Dance Troupe - Lotus Dance
 - 12:20-12:50 pm: Different Drummers Joyful Hearts Club Band
 - 1:00-1:30 pm: Sokolica Serbian Dance Troupe
 - 1:40-2:10 pm: Okbari with Jamileh and Friends
 - 2:20-2:50 pm: Irish Dance Troupe
 - 3:00-3:30 pm: African Dance with Portland High Students (Rwanda, Burundi, Sudan)
- (Schedule subject to change)



Photo by Tim Cousins

The Bayside World Market and Fair is sponsored by the Bayside Neighborhood Association, in conjunction with the Portland Public Schools, the City of Portland, Coastal Enterprises Inc., CIEE, Roots and Fruits, Key Bank, METRO, Goodwill of Northern New England, Mittapheap World Market, BCDC, Portland Housing Authority, Norway Savings Bank, AVESTA, MaineToday Media, and WMPG. The fair serves as a celebration of the rich diversity that exists in downtown Portland and brings together new Mainers and long-time residents.

Portland High School is located at 284 Cumberland Avenue in Bayside, Portland’s most diverse neighborhood. FMI visit www.bayside-worldmarketandfair.com or call 207-615-2699.

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New Blog: BaysideNeighborhoodAssociation.me

Introducing the new BNA website, blog and calendar!

HOW TO CONTRIBUTE TO THE BNA BLOG & CALENDAR

To create a simple text-only blog post: Send an email to please.post.to.bna.blog@gmail.com where the email subject line is the blog post title and the email body is the blog post content. All emailed submissions will be reviewed for formatting but NOT for content (please spell-check and fact-check on your own) and "published" nightly. Please include contact information in case clarification is required (contact information will not be published).

To create a more elaborate blog post OR to have something posted on the calendar: Send an email to Patrick at bna.blog.and.website@gmail.com (note that this is a different email address from the one above!) including the desired subject line, content, attachments, pictures, etc. Please keep formatting to a minimum, and whenever possible, include all non-text portions as attachments.

Please take a moment to explore the website, and be sure to subscribe to both the blog and the calendar: BaysideNeighborhoodAssociation.me

The aim of Sudoku is to fill the grid by entering a numeral from 1 through 9 in each cell of the grid. Each row, column, and region must contain only one instance of each numeral. © Web Sudoku 2010 - For the solution, see www.websudoku.com

				6		1	7	
	9			2			3	4
				9				8
1	8	3			7			
				6	5	1		
				4			7	9
								1
6					9			
9	4				1			8
	2	1		3				

SUDOKU



Bayside Neighborhood Association

PO Box 11563
Portland, Maine 04104

207.415.0769
email: bayside_neighbors@msn.com
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BNA Steering Committee

Meets on the first Tuesday of each month at 6 pm in the community room of Unity Village, 24 Stone Street (behind City Hall). This is a great way to find out all that is going on in Bayside. Reports from all the subcommittees are given regularly. The public is welcome.

Alex Landry, Chair  
Rob Sylvain, Vice-Chair  
Chris Danse, Treasurer  
Colette Bouchard, Secretary

Cindy Bachelder  
Mike Bachelder  
Ethan Boxer-Macomber  
Karl Gregor  
Adam Hill  
Steve Hirshon  
Michel Joncas  
Patrick Ledwith  
Susan McCloskey  
Susan Sylvain  
Tom Trott  
Susan Violet  
Annie Wadleigh  
Donna Yellen

THE BAYSIDE NEIGHBORHOOD ASSOCIATION (BNA)

REPRESENTS ALL THOSE WITH A VESTED INTEREST IN THE BAYSIDE NEIGHBORHOOD. OUR MEMBERS ARE MADE UP OF RESIDENTS, PROPERTY OWNERS, BUSINESSES, AND ORGANIZATIONS IN THE NEIGHBORHOOD. WE WELCOME ANYONE WHO LIVES, WORKS, OR OWNS PROPERTY IN BAYSIDE TO BECOME INVOLVED.

Neighborhood Illustration in masthead by Robbie Neil

Layout & design by Lisa Peñalver, PenartOne Design | penart1@alaska.com

B.N.A.

COMMITTEES

NEIGHBORHOOD WATCH

Meets on the second Tuesday of every other month, starting in January, in the community room in Unity Village, unless otherwise posted, at 6 pm. Please contact the BNA or Mary-Ellen Welch at Midtown Policing if you have an issue to bring to a meeting. The public is always welcome.

Ed Simmons, Chair  
Midtown Policing 772-1371

BAYSIDER COMMITTEE

Meets regularly at various locations. Writes, collects articles and information. Publishes the Baysider every other month. Promotes advertising.

Colette Bouchard  
Annie Wadleigh  
Rob Sylvain  
Patrick Ledwith  
Susan McCloskey

Seeking new members with an interest in writing or graphics. No experience necessary. Call the BNA for more information.

GARDEN COMMITTEE

Organizes and runs the Bayside Community Garden on Chestnut Street.  
John Affleck  
Kate Pendleton & Robert Sylvain, Co-Chairs

PROGRAMMING COMMITTEE

Meets the third Thursday of each month at 5:30 pm in the community room at Unity Village. Plans events and community gatherings.

Helps with Afterschool Art Program and Summer Children's Lunch Programs.

Sue Sylvain, Chair  
Chris Danse  
Colette Bouchard  
Susan McCloskey  
Karl Gregor

Currently looking for new members. Call the BNA if interested.

MEMBERSHIP COMMITTEE

Works on developing and maintaining membership in the BNA.

Robert Sylvain, Chair  
Colette Bouchard  
Susan McCloskey  
Sue Sylvain

Currently looking for new members. Call the BNA if interested.

FINANCE COMMITTEE

Meets as needed.  
Steve Hirshon, Chair  
Tom Blackburn

TRANSPORTATION/PEDESTRIAN COMMITTEE

Meets as issues arise.  
Alex Landry, Chair  
Colette Bouchard  
Steve Hirshon  
Ron Spinella

TREE COMMITTEE

Meets as needed. Working on bringing more trees to Bayside streets.

Robert Sylvain, Chair  
Jeff Tarling  
Colleen Ryan  
Nancy Knauber  
Colette Bouchard  
Alex Landry

BYLAWS COMMITTEE

Meets as needed.  
Colette Bouchard, Chair  
Karl Gregor

NOMINATING COMMITTEE

Meets each year to recruit and nominate new members for the Steering Committee.

Colette Bouchard, Chair  
Chris Danse  
Karl Gregor  
Donna Yellen

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The BNA exists to serve you, our neighbors, and to make Bayside the best place to live and work in Portland! We want to hear from you. Attend a meeting or event, send an email, or call. Let us know your thoughts, dreams, and concerns.

THE BAYSIDE NEIGHBORHOOD ASSOCIATION (BNA)

Bounded by Forest Avenue, Marginal Way, Congress Street, and the Franklin Street Arterial, we are just minutes from Downtown, the beach, the working waterfront, and the bay. Historically, Bayside has been home to warehouses, scrapyards, manufacturing, small businesses, and many families that go back generations. Today, it is a mix of families and singles, young and old, immigrants and Mainers, old and new development, social services, businesses, offices, and an active neighborhood association.

We have monthly Steering Committee meetings the first Tuesday of the month at 6 pm, which are always open to the public. It is a great way to hear all that is happening in the neighborhood. Unless otherwise noted, all meetings take place in the community room at Unity Village, 24 Stone Street. Check out the committee page to see all the active subcommittees and what they are doing.

The BNA also produces the Baysider newspaper on a bi-monthly basis to keep members and the community informed on issues and events of interest. We have special meetings and host forums as the need arises to get people together to discuss issues impacting our neighborhood.



The BROADSIDE



BEING A FORUM FOR Editorial Viewf & THE Publick Opinion

Getting Out the Vote? *Editorial by Steve Hirshon*

WHAT BEGAN AS A ROCK'EM-SOCK'EM

multi-candidate, multi-party contest for nominees to replace Rep. Herb Adams in District 119 has turned into a fairly quiet, hard-to-judge affair that still leaves the door wide open for fireworks in the fall. Adams, longtime representative for Parkside, Bayside, and Downtown, has been term-limited out of office. The contest to replace him initially attracted six candidates. Now 119 is down to five candidates, one contested primary, and some people waiting for autumn. The Green Independent primary, which had musician Kris Eckhardt facing transportation activist and Bike Ped committee chair Chris MilNeil, lost its contest when MilNeil received a promotion at his employer, Maine Audubon. Eckhardt, who had been running a quiet "placeholder campaign," will be the default nominee for the Greens. There is some indication he will actively campaign in the fall. Then again, a replacement candidate may appear. Keep your scorecards handy.

Over on the Democratic side, Jill Barkley and Mohammed Dini are squaring off for the nomination. Barkley, a 29-year-old who has lived in Portland for the past six years, works for the Maine Coalition to End Domestic Violence in the areas of policy development and public awareness. She was also active in the No on 1 campaign. She and her partner, Diane Hitchcock, live in Parkside.

"A community is like a ship;
everyone ought to be prepared
to take the helm."

—Henrik Ibsen

BNA SUPPORTS "HOME" TEAM

HOME (Homeless Outreach and Mobile Emergency)

by Steve Hirshon

Homeless Outreach and Mobile Emergency (HOME) Team members will soon be interacting with people in distress along the Congress Street corridor and in Bayside. The HOME team seeks to engage with, provide support for, and offer referrals to folks dealing with issues of homelessness, mental illness, and substance abuse in the Downtown and adjacent areas such as Bayside.

The coalition organizing the project is led by the Milestone Foundation of Portland and Old Orchard Beach. Milestone serves active alcoholics and people in recovery. Other members include the City of Portland through its Health and Human Services Division and Police and Fire Departments, along with private organizations including Mercy Hospital, Preble Street, and Youth Alternatives/Ingraham, who are also operating partners.

Funding for the project has come from a variety of sources, including Portland's Community Block Grant Development program, Portland's Downtown District, and the BNA.

The HOME team approach is modeled after a successful program in Burlington, Vermont. Outreach workers interact with people who are known to engage in drunkenness, aggressive panhandling, and other forms of antisocial behavior. The program is scheduled to for-

Mohammed Dini is a native of Kenya and a naturalized U.S. citizen. He has been active in the campaign to grant voting rights to legal residents and has gathered signatures supporting that issue and spoken at Charter Commission meetings. He is head of the Multicultural Student Association at USM. He and Badr Sharif, who is running for another House seat in Riverton, are the first members of Portland's Muslim community to seek elective office.

Those are (were) the contested races. Waiting in the wings for the General Election are Ben Chipman, Charter Commission member and a longtime Green Independent organizer, who is running as an Independent. Megan Sheppard will be the Republican nominee.

Little has been discussed as far as issues are concerned. The starkest contrast between candidates in the primary contest is that Barkley was a strong advocate for the No on 1 campaign, while Dini opposed it. Some signs have cropped up in the neighborhood, but almost no campaign literature has appeared, and there have been few public appearances and almost no door-to-door campaigning.

The real action may come when the leaves turn. A four-way race to replace Adams is likely to attract more attention than the race this quiet spring.

mally begin July 1, although outreach workers will be on the street as you read this.

Another feature of the program that will be of particular interest to Bayside residents is the HOME team van. The van will be available later in the afternoon and evening to provide outreach to chronic inebriates and "layouts." This should provide less expensive outreach than police and fire calls. It should also lower the number and expense of emergency room visits. Layouts and instances of antisocial behaviors, including fighting, sparked by heavy drinking and drug use will be serviced by the van crew. People will be offered transportation to the Milestone Shelter on India Street. The program is voluntary, but one of the expectations of the program (based on Burlington's experience) is that it will have some success at diversion because of frequent interaction with outreach workers.

Burlington's experience would suggest that the program will need a couple of years to become established, and complete funding to take the program through 2011 is not in place yet. The HOME team needs to raise another \$40,000 by December 31st. The Portland Downtown District and the Bayside Community Development Corporation will help with the effort to close the funding gap.

BWMF Team photo:
L to R: Avery Kamila,
Tom Blackburn, Chris
Danse; credit: Cara
Slifka photo courtesy of
MaineToday.com.



poetry

corner

The Seafarer

{AUTHOR UNKNOWN}

A song I sing of my sea-adventure,
The strain of peril, the stress of toil,
Which oft I endured in anguish of spirit
Through weary hours of aching woe.
My bark was swept by the breaking seas;
Bitter the watch from the bow by night
As my ship drove on within sound of the
rocks.
My feet were numb with the nipping
cold,
Hunger sapped a sea-weary spirit,
And care weighed heavy upon my heart.
Little the landlubber, safe on shore,
Knows what I've suffered in icy seas
Wretched and worn by the winter
storms,
Hung with icicles, stung by hail,
Lonely and friendless and far from
home.
In my ears no sound but the roar
of the sea,
The icy combers, the cry of the swan;
In place of the mead-hall and laughter
of men
My only singing the sea-mew's call,
The scream of the gannet, the shriek of
the gull;
Through the wail of the wild gale beat-
ing the bluffs
The piercing cry of the ice-coated petrel,
The storm-drenched eagle's echoing
scream.
In all my wretchedness, weary and lone,
I had no comfort of comrade or kin.
Little indeed can he credit, whose town-
life
Pleasantly passes in feasting and joy,
Sheltered from peril, what weary pain
Often I've suffered in foreign seas.
Night shades darkened with driving
snow
From the freezing north, and the bonds
of frost
Firm-locked the land, while falling hail,
Coldest of kernels, encrusted earth.
Yet still, even now, my spirit within me

Drives me seaward to sail the deep,
To ride the long swell of the salt sea-
wave.
Never a day but my heart's desire
Would launch me forth on the
long sea-path,
Fain of far harbors and foreign shores.
Yet lives no man so lordly of mood,
So eager in giving, so ardent in youth,
So bold in his deeds, or so dear
to his lord,
Who is free from dread in his far sea-
travel,
Or fear of God's purpose and plan for
his fate.
The beat of the harp, and bestowal of
treasure,
The love of woman, and worldly hope,
Nor other interest can hold his heart
Save only the sweep of the surging bil-
lows;
His heart is haunted by love of the sea.
Trees are budding and towns are fair,
Meadows kindle and all life quickens,
All things hasten the eager-hearted,
Who joy therein, to journey afar,
Turning seaward to distant shores.
The cuckoo stirs him with plaintive call,
The herald of summer, with mournful
song,
Foretelling the sorrow that stabs the
heart.
Who liveth in luxury, little he knows
What woe men endure in exile's doom.
Yet still, even now, my desire outreaches,
My spirit soars over tracts of sea,
O'er the home of the whale, and the
world's expanse.
Eager, desirous, the lone sprite returneth;
It cries in my ears and it urges my heart
To the path of the whale and the plung-
ing sea.

*From An Anthology of Old English Po-
etry; Translated into Alliterative Verse;
by Charles W. Kennedy, NY OUP 1960.
First published in Old English Elegies;
Princeton 1936.*



BNA Community Garden Receives Maine Initiatives Harvest Fund Grant



John Affleck, master gardener and woodchuck trapper extraordinaire. Photos by Annie Seikonia

The Bayside Neighborhood Association has received a \$500 grant from the Maine Initiatives Harvest Fund to help rebuild its raised garden beds. The grant came in a timely fashion, allowing the BNA's gardeners to rebuild more beds. BNA funds will augment the grant to complete the project. Master Gardener John Affleck has been leading the reconstruction effort. The hardware from the beds is being preserved and recycled with new lumber. The privately supported garden, in its twelfth growing season, has 26 beds. For more information on Maine Initiatives and its programs and giving opportunities, contact: www.Maineinitiatives.org.

Community CONTACTS

Government

Portland City Hall 874-8300
389 Congress St. | www.portlandmaine.gov
Kevin Donoghue, District 1 Councilor
409-2807 | kjdonoghue@portlandmaine.gov
John Anton, Councilor at-Large
650-8979
Dory Richards Waxman,
Councilor at-Large | 774-8210
Representative Herb Adams
772-2565 | hadams@usm.maine.edu
Senator Justin Alfond
134 Sheridan St.
828-0277 | Justin@JustinAlfond.com

Police Department

Emergencies: 911

Senior Lead Officer Dan Knight:
Cell: 650-8657 | danielk@portlandmaine.gov

MIDTOWN COMMUNITY POLICING CENTER

Mary-Ellen Welch/Officer Dan Knight
772-1373 | 26 Portland St.

Police Information Desk 874-8479
Non-emergency Dispatch 874-8575
Office of the Chief 874-8601
Internal Affairs..... 756-8351
Patrol Division 874-8555
Police Personnel 874-8588
Directed Patrol 874-8545
Criminal Records 874-8570
Traffic Unit 874-8532
Detectives 874-8533

Social Services

Preble Street Florence House
Amanda Wells, 699-4392
190 Valley Street

Preble St. Teen Center
Chris Bicknell, 874-1197
343 Cumberland Ave.

Oxford Street Men's Shelter
Josh O'Brien, 761-2072
203 Oxford St.

Family Shelter
Jeff Tardiff, 772-8339
54 Chestnut St.

Homeless Health Clinic
Beth Eilers, 874-8445
20 Portland St.

Salvation Army
Capt. Terry Shaffer, 774-4172
297 Cumberland Ave.
terry.shaffer@salvationarmy.org

Ingraham Youth and Family Services
Tom Dunn, 774-4357
237 Oxford St.

Preble Street
Mark Swann, 775-0026
18 Portland St.

Goodwill Industries
774-6323
353 Cumberland Ave.

A Food Shoppers' Guide to Pesticides

SHOPPER'S GUIDE TO PESTICIDES

DIRTY DOZEN <i>Buy These Organic</i>		CLEAN 15 <i>Lowest in Pesticides</i>	
WORST	1 Celery 2 Peaches 3 Strawberries 4 Apples 5 Blueberries 6 Nectarines 7 Bell Peppers 8 Spinach 9 Kale 10 Cherries 11 Potatoes 12 Grapes (Imported)	BEST	1 Onions 2 Avocado 3 Sweet Corn 4 Pineapple 5 Mangos 6 Sweet Peas 7 Asparagus 8 Kiwi 9 Cabbage 10 Eggplant 11 Cantaloupe 12 Watermelon 13 Grapefruit 14 Sweet Potato 15 Honeydew Melon

 ENVIRONMENTAL WORKING GROUP
www.foodnews.org

Why Should You Care About Pesticides?

The growing consensus among scientists is that small doses of pesticides and other chemicals can cause lasting damage to human health, especially during fetal development and early childhood. Scientists now know enough about the long-term consequences of ingesting these powerful chemicals to advise that we minimize our consumption of pesticides.

What's the Difference?

EWG research has found that people who eat five fruits and vegetables a day from the Dirty Dozen list consume an average of 10 pesticides a day. Those who eat from the 15 least contaminated conventionally-grown fruits and vegetables ingest fewer than 2 pesticides daily. The Guide helps consumers make informed choices to lower their dietary pesticide load.

Will Washing and Peeling Help?

The data used to create these lists is based on produce tested as it is typically eaten (meaning washed, rinsed or peeled, depending on the type of produce). Rinsing reduces but does not eliminate pesticides. Peeling helps, but valuable nutrients often go down the drain with the skin. The best approach: eat a varied diet, rinse all produce and buy organic when possible.

How Was This Guide Developed?

EWG analysts have developed the Guide based on data from nearly 96,000 tests for pesticide residues in produce conducted between 2000 and 2008 and collected by the U.S. Department of Agriculture and the U.S. Food and Drug Administration. You can find a detailed description of the criteria EWG used to develop these rankings and the complete list of fruits and vegetables tested at our dedicated website, www.foodnews.org.

Learn More at FoodNews.org

 ENVIRONMENTAL WORKING GROUP
THE POWER OF INFORMATION
Headquarters 1436 U St. N.W., Suite 100 Washington, DC 20009
(202) 667-6982

**RESIDENTS TO WEIGH IN ON
COSTLY CAST IRON
GAS PIPE REPLACEMENT**
**Cost of rapid replacement would
sharply raise rates for gas customers**

June 2, 2010 Portland's state representatives are encouraging residents to voice their concerns about a plan to require the replacement of all cast iron gas lines at a hearing on June 9. The Maine Public Utilities Commission (PUC) will take comment beginning at 6 p.m. in Council Chambers in City Hall.

The hearing was scheduled after state Reps. Jon Hinck, Anne Haskell and Herb Adams requested to intervene in the case on behalf of consumers and have an opportunity for concerns to be heard. The legislators and the Office of the Public Advocate are concerned that an aggressive proposed timeline for the project would result in needlessly large rate increases for Unitol (formerly Northern Utilities) natural gas customers.

"People's budgets are stretched as it is," said Hinck. "Outdated gas pipes can be replaced without compromising on safety and without causing a punishing rise in gas bills. The PUC needs to work with Unitol to achieve the right pipe replacement schedule and avoid rate shock."

The cost of replacing the pipes is \$64 million or about \$2,370 per customer, which would be phased into rates over time, according to the Office of the Public Advocate, which represents consumer interests in proceedings before the Maine PUC. PUC staff proposes a 12-year replacement program, which would result in \$17 million in increased revenue needs. Unitol proposes doing pipe replacement over a 15-20-year time frame, which would result in a more modest rate increase of \$5 million. The legislator intervenors and the Office of the Public Advocate support Unitol's proposal.

The cast iron gas lines serve businesses and also run from the street directly to individual homes.

"These are not just the pipes under the streets," said Haskell. "The plan calls for replacement of every cast iron supply pipe that goes to an individual home. This is an enormous, expensive project to complete on this aggressive timeline."

Unitol is already planning to ask for a 37 percent rate increase for other, non-pipeline reasons.

About 14 percent of all Maine pipe is still cast iron, the lowest proportion in New England. No incidents involving injury attributed to cast iron pipe have occurred since 1970, according to figures cited by the Office of the Public Advocate. Unitol is in compliance with all state and federal safety standards, according to filings at the Office of the Public Advocate. Most gas leaks occur as a result of third party incidents on plastic pipe while excavating or digging.

Contact Rep. Anne Haskell, 871-5808, Rep. Jon Hinck, 450-0003; Lori Eschholz, legislative aide, 287-1430; www.housedemocrats.maine.gov

**REP. ADAMS INTERVENES FOR
CONSUMERS IN 'CAST IRON' CASE**
**Cost of replacing underground pipe
with plastic could hit \$64 million**

State Rep. Herb Adams has been granted "intervenor" status on behalf of consumers in a landmark utility case that could hit the pocketbook of every Portlander that heats or cooks with natural gas. The

continued on page 6

Birds in the Backyard

By Terry Skillin, Skillins Greenhouses

More people are coming to appreciate the sights and sounds of the birds around them. If you want to attract birds to your own yard and garden, there are a number to things you can do. Water is essential for all life and birds are no exception. Incorporate a birdbath into your landscape and your new friends will use it to put on quite a show! Birds don't fly well after bathing so be sure to place your birdbath near trees or shrubbery that offer a safe place for birds to dry off.

Different bird foods will attract different species to your yard. For instance, saf-

flower seeds are preferred by cardinals and mourning doves while niger attracts the goldfinch. If you're looking for one type of seed to feed all your backyard birds, black-oil sunflower seeds are the best choice. These sunflower seeds will attract the greatest variety of birds to your feeder.

Besides providing store-bought seed to feed the birds, consider planting flowers and fruit trees in your yard to provide natural habitats for visiting birds. Plant Bachelor Buttons, Calendula, Poppies, Cosmos, Marigolds, Dianthus, Sunflowers and Zinnias in your annual gardens. Asters, Black-eyed Susan, Columbine and Coneflowers are great seed-producing perennials that birds enjoy.

Use a birdhouse and gather nesting materials such as short pieces of yarn, pet fur, feathers, moss, twigs and dried grass to entice birds to build nests in

your yard. There are a variety of birdhouses available for specific species.

Your landscape can be designed to include trees and shrubs that offer much needed protection for songbirds. They help block wind and weather from birds as well as provide a place to hide from predators. Popular shrubs used for bird shelters are Dogwoods, Elderberry, Viburnum, Junipers, Holly and Serviceberry. Grape vines, Quince and Trumpet vines are also great choices that benefit birds and add ambiance to your yard.

To learn more about backyard birding, you can also call us at 1-800-348-8498 for more information or to inquire about our free classes on gardening topics including 'Birding in the Backyard.' Or visit Skillins Greenhouses in Cumberland, Brunswick or Falmouth. www.skillins.com

DOG OWNER RESPONSIBILITIES

—A REFRESHER COURSE—

Dogs must be on a leash in most areas of the City

Your dog must be on a 8-foot maximum leash on all streets and publicly owned property including Back Cove and the Skate Park. There are several areas where your dog can be on a longer leash or under voice control.

Dogs must be leashed (max. 25 feet) in the following areas:

- Bayside Park
- Baxter Pines
- Deering Oaks
- Dougherty Field
- Evergreen Cemetery (Dogs allowed on roads and paths only, not on gravesites)
- Longfellow Park
- Quaker Park
- Stroudwater Park
- Western Prom
- Eastern Promenade (some areas in this location do allow for voice command, see below).

Dogs may be unleashed at the following locations (it must be under voice command):

- Capisic Pond Park
- Evergreen Cemetery (to the north and west of Northern Ave; in undeveloped wooded area)
- East End Beach (day after Labor Day to the day before Memorial Day)
- Hall School Woods
- Ocean Avenue Landfill
- Pine Grove Park
- Woods behind Portland Arts & Technology School (196 Allen Avenue)
- At North Street/Washington Avenue (behind Jack School)
- Riverton Park
- University Park
- Valley Street Park
- Any city owned island park areas and open space (unless posted otherwise).



• Eastern Promenade Park within the perimeter bounded by the Portland House Property, the water side of the Eastern Prom, and Cutter Street following around the curve of the parking lot (excluding the area known as Fort Allen Park).*

** This section of the Eastern Prom will be open to dogs under voice control from April 15 - October 15, 5 a.m. to 9 a.m. and from 5 p.m. to 10 p.m. each day. From October 16 through April 14 the times are 5 a.m. to 10 p.m. each day.*

There are no dogs allowed on East End Beach from Memorial Day through Labor Day each year. There are also no dogs allowed (with the exception of those assisting the visually impaired) on any playgrounds, school yards or playgrounds as posted.

For additional information including directions to any of the above facilities, please call our Public Services office at 874-8801.

All dog waste must be disposed of properly.

It's easy to do and it helps keep our city sidewalks clean and free of disease. Dog feces placed in city garbage cans should be contained within some type of plastic bag.

Violation fines:

There is a \$250.00 fine for not picking up after your pet. For fine information, see Chapter 5 of the Portland City Code or call the Corporation Council's office at 874-8480.

Taken from the City of Portland website

The Refuge: The Cocktail Party and Art Auction event raising money to defray the cost of delivering the much needed quality medical care to the thousands of animals taken in by the Animal Refuge League of Greater Portland every year.

JOIN US!
June 10, 2010 / 5:30-9:00 PM
The Portland Company / 58 Fore Street / Portland, Maine

HTTP://THEREFUGEME.ORG/

THE PARRIS REVIEW

The Parris Review is a regular column written by Annie Seikonia, who lives on Parris Street in Bayside. Your ideas and comments may be sent to aseikonia@hotmail.com

By Annie Seikonia

Behind the Scenes at the Bayside World Market and Fair

Last year was the first time I volunteered for the Bayside World Market and Fair. I responded to the call for volunteers rather late and was told to show up and check in and see what was needed. So, around 9 a.m. I strolled over to Portland High School, where they were setting up the flea market tables outside. I still have the orange-tinted, hand-blown miniature glass vase I bought there for a couple bucks. I went inside, where the vendors were setting up their wares. The hallways were redolent with the smell of exotic foods and spices, and I found my way to the volunteer table, where I was given a lovely purple and orange T-shirt (still have that, too) and offered the job of working backstage with the performers in the auditorium. I checked in with Steve Hirshon, the impromptu emcee of the event (filling in for a no-show), and was told to report back around 11:15, so I strolled off to Arabica to score some coffee before returning to check out some of the riches and displays staged throughout the building.

I knew absolutely nothing about stage-managing, and it took me a while to figure out how to use the headphones that communicated with the sound booth. It turned out that Justin, the sound man, was new that year as well. Luckily, he was not only experienced but also had a laid-back personality and turned out to be a very patient person. After he helped me figure

out the headphones and we reviewed the schedule (some of the details were still what you'd call sketchy), we hoped we were good to go.

The first act was Brazilian folk dance. The curtain was closed (one of my jobs was opening and closing the curtains), and a high-energy troupe of athletic dancers in spangled costumes was running to and fro. I introduced myself, and several of the dancers asked me to help them through the rapid costume changes they had to do during their performance. No problem! Before I knew it, they were on, the samba music was up, and they were dancing like crazy. Next thing I knew, I was helping the lithe dancers put on their next outfits, frantically fixing snaps and helping with accessories. They were experts. It took only seconds for their transformations to occur.

Up next were the Joyful Hearts Club Band, a drumming troupe who fortunately knew all about positioning themselves and testing the microphones (I did have to run out and steal some extra chairs). After that came Cambodian Classical Dance. It was hard to determine what they wanted for set-up, and the microphone testing was a bit random, so Josh and I "winged it," as we did pretty much throughout the afternoon. At one point I accidentally alerted the Iranian

Choir they were up next, not realizing that the Burundi dancers were merely doing a costume change and weren't done yet. Luckily, the Iranians weren't at all ruffled by my misdirection. Okbari, the Middle Eastern duo, were easygoing and played a perfect set. The multi-generational Serbian dancers were



Illustration by Annie Sekonia

so exuberant that another organizer and I sequestered them downstairs in the dressing room and asked them to wait for our signal. There seemed to be a lot of them, and they couldn't wait to go on!

Each act was allotted a half hour, with a ten-minute set-up in between. Some went way longer than they were supposed to, but luckily others were shorter, and it all worked out

in the end. The most touching thing to me was how truly authentic and passionate all the performers were about their art — they wanted nothing more than to share their dances, music, and songs with others. They were all so talented that watching them backstage frequently sent shivers down my spine. They were friendly and patient, even when I had no real idea which mike was on or had to keep telling them the previous act had run over and we were doing the best we could, assuring them they would be up very, very soon.

It's not every day you can show up at an event and plunge into a job you have literally no experience doing. I felt proud of all of us — the performers, myself, Justin, Steve, and the other volunteers -- as well as the audience who came to cheer everyone on. From the audience's point of view I'm sure it looked like everything ran as smoothly as silk (for the most part, anyway). As with most festivals, all the great music, food, and fun couldn't happen without tremendous behind-the-scenes planning and volunteers. The Bayside World Market and Fair is one of Bayside's most colorful and varied events.

You probably won't see much of me during the performances this year (you're not really supposed to!), but rest assured I'll be back there again doing my best to make sure the performers have what they need and to keep things on track!

—press releases— continued from page 5

case involves a plan by the Public Utilities Commission (PUC) to require the replacement of all cast-iron gas lines with plastic ones. And like the cast-iron underground gas lines themselves, the rate hike could remain hidden until too late, said Adams, D-Portland.

The unusual case pits the Public Utilities Commission against Northern Utilities Gas Company and the Office of the Maine Public Advocate, which defends the interest of Maine consumers and is siding with the gas company, in this case.

"The trouble is the timing," said Adams. "Replacing Portland's century-old underground iron pipe system with plastic will cost a fortune. Do you replace it quickly, and hit consumers with a big bill all at once, or replace it over time, and spread out the costs?"

PUC staff proposes a quick, 12-year replacement program costing \$64 million, or about a 67 percent increase in spending. Northern Utilities - supported by the Public Advocate -proposes a 15-20-year program, which would cost consumers a more moderate \$5 million in increased rates.

The cast iron gas lines in question serve both businesses and the service lines from the street directly to individual homes.

Northern Utilities is already planning to ask for a 37 percent rate increase for other, non-pipeline reasons.

"Adding the burden of a quick replacement program will likely require deficit spending and further automatic rate increases - plus the cost and trouble of tearing up the streets again all over town. What is a consumer to do? Speak up, that's what," said Adams. "Gas rate increases hit both homeowners and renters. Both are captives of the system with few other affordable options. A public hearing held in Portland will let those most affected by any decision have their say before the PUC acts."

Earlier this month, Adams requested—and the PUC agreed—to hold a public hearing in Portland to hear what the ratepayers think about the case. The hearing has yet to be scheduled.

Replacing cast-iron with plastic would cost about \$2,400 per every Maine gas customer. The \$64 million total projected cost would be the largest single per customer impact of any utility project in recent memory, said Adams.

Maine has the least amount of cast-iron pipe in New England and has had no incident involving injury directly caused by cast-iron pipe since 1970, according to figures at the Office of the Public Advocate. About 14 percent of all Maine pipe is still cast iron, and Northern Utilities is in compliance with all state and federal safety standards, according to filings at the Office of the Public Advocate. Most gas leaks occur as a result of third party incidents on plastic pipe while excavating or digging.

"Who knew what the costs were, hid-



den beneath our streets?" said Adams. "Most of Parkside, Bayside and East Bayside, the heart of the old industrial and residential city of Portland, are served by these cast-iron lines. Given the dual interests of Portland customers, for safety and for rates, a public witness hearing here is doubly important."

Contact: Rep. Herb Adams, 772-2565; Lori Eschholz, legislative aide, 287-1430

REP. ADAMS TO ATTEND HARVARD KENNEDY SCHOOL OF GOVERNMENT

State Rep. Herb Adams, D-Portland, has been selected to attend the Harvard Kennedy School of Government, State and Local Executives program, as the only Maine legislative member of the class of 2010.

Adams has been awarded the Brooks Fel-

lowship for Maine, a scholarship designated for officials and policymakers "with distinguished records of public accomplishments and leadership," according to the Kennedy School.

Adams is the longest serving member of the legislature's Utilities and Energy Committee and the Marine Resources Committee, and has sponsored many successful measures for social justice, consumer protection, utility regulation, and conservation of ocean and natural resources.

The Harvard Kennedy School of Government program in Cambridge, Mass., challenges participants to "create and engage in public discourse about difficult subjects including religion, race, ethnicity, class and gender, and to create and maintain public policies that lead to positive change," according to the Kennedy School.

Adams is serving his fourth term representing House District 119, the Parkside, Bayside and East Bayside parts of Portland, the most densely populated and diverse square mile of Maine.

He is an adjunct faculty member at the University of Southern Maine teaching Maine government, civics and constitutional issues. He is author or contributor to six books on Maine and New England history and is a frequent commentator on Maine topics for the Learning Channel and the History Channel.

For more info., call the office of Rep. Herb Adams toll-free 1-800-423-2900.



Baysider Profile

Les Voisins Belle: ROB AND SUE SYLVAIN

By Annie Seikonia

Family is a dominant theme for Rob and Sue Sylvain, Baysiders who own a charming house on Mechanic Street. I visited them recently in their bright, spacious apartment, where I was treated to delicious home-baked pumpkin and nut bread made by Sue. I had heard Rob had an interesting job, but when I asked him what his exact job title was, he immediately answered, “Daddy.” They have three remarkable children: Suzanne, who is nine; Johnny, who is seven; and an adorable, elfin one-year-old named Liliette (“Lili” for short). Rob’s sister Kate and her husband Clint live downstairs.

Sue is currently employed as a stay-at-home mom and Rob has worked as a freelance sound recordist for a variety of films for over 20 years, working on projects for the Public Broadcasting System, HGTV, the Food Network, the History Channel, the Discovery Channel, ESPN and a wide range of independent film producers. These projects have taken him far and wide. This year alone he has already worked in the Mediterranean on a National Geographic feature called Naked Science as well as an A&E Network episode from *The Unexplained* series, filmed on location in Muskogee, Oklahoma, about a little boy claiming to have memories of past lives. Contrary to what you might expect, the submarine Rob worked in during the Naked Science feature was not a claustrophobic experience, but was 600 feet long and three stories high, roughly three times the size of his house.

“It used to be a lot cooler to travel before I had kids,” Rob said. “The novelty has worn off a little, although it is fun to see new places. It’s not every day you get to be on a nuclear submarine.” Sometimes if he has local work, Sue and the kids get to go and stay in a hotel, hang out in the pool and watch movies, but that happens mostly in the summer, due to the kids’ school sched-



L-R: Steve Muise, Andy Buckland, Pip Walter and Rob Sylvain of Boréal Tordu. Photo Courtesy of Boréal Tordu.

ules. Regarding her husband’s sporadic travel schedule, Sue is philosophic. “I take the good with the bad. He may be gone for a month, but then we also get to have a lot of good family time with all of us at home.”

One of his most recent projects this April was subbing for another technician who had to leave the set for awhile, doing sound

production for an independent film called Forty West, in which Wayne Newton (yes, THE Wayne Newton!) plays a brutal killer. Directed by Dana Packard and written and produced by Jennifer Porter, both Mainers, the full-length feature was filmed in Bar Mills, Maine. What kind of skills does it take to do sound production work? His first answer was something I never would have thought of: “You have to be able to keep your arms in the air for a long time. ‘You also need to have a great deal of patience,’” he continued. “You have to be able to work in an environment subject to constant budgetary pressures.”

Besides family, music is another defining theme in the Sylvains’ life. Rob sings and

which he formed with fellow musician Matthew Doucet, is a Cajun “party band” that plays nightclubs and weddings. A lot of his inspiration comes from the Acadian and Quebecois heritage of his father and his memé, whose notebook of old Acadian French songs he often uses as source material for his songs. One time when Boréal Tordu was playing in Fort Kent, Rob mentioned his memé’s last name – Thibodeau – in an introduction to a song. To his surprise, he was mobbed by people in the audience who turned out to be cousins and aunts!

Rob got his start in the music industry sweeping floors and fetching coffee at a recording studio in Boston. His sound production career evolved from there and over the years he has developed a strong client base. Music also influenced his romantic life – he and Sue met when he was playing kids’ music full-time and she was working as a nanny. He says his kids are demonstrating musical talent at a young age (Lili enthusiastically played some surprisingly melodic and occasionally avant-garde improvisations on the electric piano during my visit).

Rob and Sue have lived in Bayside for 12 years and both are members of the Bayside Neighborhood Association’s Steering Committee. Rob also serves on the Portland City Council’s Noise Task Force, where he provides the unique perspective of a father of three who is a musician and lives next to a club.

He says his favorite part of living in Bayside is the “proximity to everything and its walk-ability.” The most challenging element is “being tolerant of people who are disrespectful and drunk.” He also said, “I am optimistic about the future of Bayside. Making a decision about the industrial pieces will make all the difference. I think there’s a ton of potential.”

NO MIRAGE, IT’S A NEW FAÇADE

City’s façade improvement program gives Congress Street a facelift

The first of several projects funded in part by the City of Portland’s Façade Improvement Program have come to life on Congress Street. Installation of a new marquis on the face of the Port City Music Hall at 504 Congress Street now gives Portland its own great white way with a message board highlighting upcoming shows. An original design by John Whipple of Whipple Callender Architects, the tubular steel marquis significantly enlivens the building façade.

In the fall of 2008, the city’s Economic Development Division created the Façade Improvement Program to strengthen the revitalization of Congress Street by encouraging private investment in storefronts. The Program funded by an \$84,000 Community Development Block Grant offered matching grants of up to \$20,000 and design assistance to property and business owners for restoring and renovating commercial storefronts and replacing deteriorated or poor quality commercial signs

and awnings. The soon-to-be-unveiled storefronts along Congress Street will contribute to the city’s renaissance of the Arts District.

Following the Port City Music Hall will be the completion of the renovation of the Public Market House storefront at 28 Monument Square, which harkens back to the historic building’s original design. Scaffolding is being erected at 675 Congress Street, the home of the King of the Roll restaurant, with storefront renovations expected to be complete this July. Coffee by Design at 620 Congress Street has just received its approvals from the Historic Preservation Board and will begin construction shortly.

In concert with the development of the Façade Improvement Program, the Historic Preservation Board and staff completed the establishment of the Congress Street Historic District. Although each of the programs were conceived and developed on separate

tracks, the roll-out of both occurred concurrently and created great synergy. The city’s Economic Development Division and Historic Preservation staff worked together closely on these projects and the benefits of this partnership will soon be visible along Congress Street.

KAYAK AND DINGY RACK RENTALS NOW AVAILABLE AT THE EAST END BEACH BOAT LAUNCH

Kayak and dingy rack rentals are now available to rent at the East End Beach boat launch. Residents can purchase passes at the Department of Public Services, 55 Portland Street, Monday-Friday, 8:00 AM – 4:30 PM.

- Kayak and Dinghy seasonal rack rental fees for residents \$200.00, and nonresidents \$250.00
- Boat launch seasonal pass rates for residents \$50 and nonresidents \$100
- Daily launch fees for residents \$5, nonresident \$10 and commercial usage \$125

Park Rangers supervise the East End Boat Launch during the summer as well as enforce safety regulations for the East End Park. They can also collect boat launch fees (proof of residency for Portland residents is required) at the boat launch during summer hours.

Boaters are reminded that the following acts are prohibited at or near the boat launch: storage of gear on dock; swimming; consumption of alcoholic beverages; boat anchoring; fishing off or near the dock; and overnight parking. Boaters are allowed fifteen minutes for loading and unloading gear on the dock and should park in designated areas. Children under the age of ten years must wear a personal floatation device and be accompanied by an adult. Dogs need to be on a short leash (8 feet or less).

Visitors to the East End Beach are reminded that glass containers, alcoholic beverages, floating devices and fishing are prohibited at the beach. Dogs are permitted off-leash on the beach from 6:00 AM to 9:00 AM and 5:00 PM to 10:00 PM. Please help keep the beach clean by throwing away all trash in proper receptacles.

The East End Bath House with public restrooms will be open mid-May 6:00 AM to 7:30 PM. The East End Park is closed from 10:00 PM to 6:30 AM.

Saturday, June 12, 2010
11:00 – 4:00 pm
Portland High School

Bayside World Market and Fair

Table Rentals / Schedule / Photos / Sponsors / Contact Us

Need more info?
Call 207-615-2699
or e-mail:
baysidefair@gmail.com

See website for
Directions and a map
to Portland H.S.!

Volunteers Needed at
the Fair!

Free Admission!

METRO
Print your ticket for one free
bus ride to the June 12
Bayside Fair

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www.baysideworldmarketandfair.com/

Laura Vogel Memorial 5K—Bayside Spring into Health Fair

By Colette Bouchard

A road race, belly dancers, Scottish Highland dancers, a petting zoo, a juggler... Bayside was a happenin' place on May 22.

Each spring, these two events converge on Oxford St. by the Bayside playground and create excitement, festivity, and a learning experience. This was the tenth year that the USM Nursing Program/Bayside Community Partnership held the health fair, which provides entertainment and activities to get people moving, having fun, and learning about how to live more healthy and safe. One of the highlights of this year's event was when a girl eagerly claimed her raffle prize of a shiny new bicycle and rode off down the street, surrounded by siblings and friends.

For four years, USM Nursing Program graduate Amanda Stevens has organized the road race named for a friend who died in a vehicle accident while volunteering for a health-outreach program in the Dominican Republic. The runners in the Laura Vogel Memorial 5K depart from and finish at the Bayside health fair loca-

tion, so fair attendees have a front seat to that event as well.

Part of the great success of these complementary events is the wide range of people brought together—neighborhood residents of many ethnic backgrounds, community members from USM and other organizations, and runners and their friends and families.

Bayside Neighborhood Association (BNA) helped with advance work for the Laura Vogel Memorial 5K and provided some flaggers along the race route. Thanks go to Apothecary By Design and to G&R DiMillo's for their support of the road race and to Linda Lamberson of USM's College of Nursing and Health Professions for organizing the health fair.

Funds raised for the Laura Vogel Memorial 5K will be split between the Neonatal Intensive Care Unit (NICU) at Maine Medical Center, which cares for Maine's most tiny and fragile newborns, and the Bayside community through the BNA.

FUN, SUN & LOTS OF SMILING PEOPLE!



Photos by Colette Bouchard



experience a must.

WANTED

SERIOUSLY SEEKING
NEW STEERING COMMITTEE MEMBERS

Anyone who lives in Bayside, works in Bayside, or owns property in Bayside is eligible to become a member of the BNA Steering Committee. The committee meets the first Tuesday of each month to discuss and vote on issues relating to Bayside. Have a hand in shaping the future of your neighborhood and your city. If interested, Call 415.0769



Race photo above Patrick Ledwith and at right by Annie Seikonia



BAYSIDE NEIGHBORHOOD ASSOCIATION

P.O. Box 565 • Portland, Maine 04104 • 207.450.769 • bayside_neighborhood@maine.com • www.baysidemaine.com

MEMBERSHIP FORM

name _____ email _____ date _____

full address: _____

home phone: _____ work phone: _____ cell phone: _____

Membership contribution levels - no contribution is REQUIRED for membership. All are welcome regardless of monetary contribution. Investing your time is just as important!

- ☐ \$100 - will help sustain community events
- ☐ \$50 - will pay for after-school snacks
- ☐ \$25 - will help publish our newsletter
- ☐ \$5 - will help to publicize events
- ☐ other _____

I'd like to help with:

- ☐ Fundraising
- ☐ Membership
- ☐ Neighborhood Watch
- ☐ Steering Committee
- ☐ Adopt-a-block
- ☐ Event planning
- ☐ The Baysider
- ☐ Community Garden
- ☐ Other _____

my main interests:

- ☐ education
- ☐ housing
- ☐ employment
- ☐ urban planning
- ☐ green space
- ☐ diversity / culture
- ☐ transportation
- ☐ crime / safety
- ☐ other _____

for funding purposes, we are required to count the number of members who fall into the following categories. Your name will not be given. Please check any box that applies to you: ☐ elderly ☐ disabled ☐ victim of abuse

"I choose to be a member of the Bayside Neighborhood Association." signed _____

Bayside World Market & Fair 2010 SPONSORS



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www.baysideworldmarketandfair.com/