The BAYSIDE Fall 2011 SPECIAL EDITION Published FREE by the Bayside Neighborhood Association

The Bayside Neighborhood Association is proud to announce that the 8th Annual Black Frame Art Sale will be held on 2011 from 5-8 p.m.at the Merrill Rehearsal Hall at 20 Myrtle Street in Portland, Maine. Friday, September 9,















SEPTEMBER 9, 2011 MERRILL REHEARSAL HALL A Benefit for the Bayside Neighborhood Association

Visit our Blog: BaysideNeighborhoodAssociation.me

Check out our BNA website, blog and calendar!

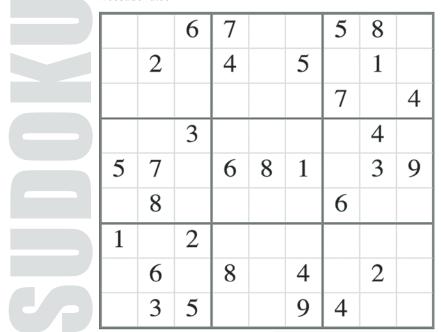
HOW TO CONTRIBUTE TO THE BNA BLOG & CALENDAR

To create a simple text-only blog post: Send an email to please.post.to.bna.blog@gmail.com where the email subject line is the blog post title and the email body is the blog post content. All emailed submissions will be reviewed for formatting but NOT for content (please spell-check and fact-check on your own) and "published" nightly. Please include contact information in case clarification is required (contact information will not be published).

To create a more elaborate blog post OR to have something posted on the calendar: Send an email to Patrick at bna.blog.and.website@gmail.com (note that this is a different email address from the one above!) including the desired subject line, content, attachments, pictures, etc. Please keep formatting to a minimum, and whenever possible, include all non-text portions as attachments.

Please take a moment to explore the website, and be sure to subscribe to both the blog and the calendar: **BaysideNeighborhoodAssociation.me**

The aim of Sudoku is to fill the grid by entering a numeral from 1 through 9 in each cell of the grid. Each row, column, and region must contain only one instance of each numeral. © Web Sudoku 2011 - For the solution see www. websudoku.com



Medium Puzzle 1,197,103,039



The BNA exists to serve you, our neighbors, and to make Bayside the best place to live and work in Portland! **We want to hear from you.** Attend a meeting or event, send an email, or call. Let us know your thoughts, dreams, and concerns.

NEIGHBORHOOD WATCH

Meets on the second Tuesday of every other month, starting in January, in the community room in Unity Village, unless otherwise posted, at 6 pm. Please contact the BNA or Mary-Ellen Welch at Midtown Policing if you have an issue to bring to a meeting. The public is always welcome.

Mike Bachelder, Chair Midtown Policing 772-1371

BAYSIDER COMMITTEE

Meets regularly at various locations. Writes, collects articles and information.
Publishes the *Baysider* quarterly. Promotes advertising.

Colette Bouchard
Annie Wadleigh
Rob Sylvain
Patrick Ledwith
Susan McCloskey
ng new members wit

Seeking new members with an interest in writing or graphics. No experience necessary. *Call the BNA for more information*.

GARDEN COMMITTEE

Organizes and runs the
Bayside Community Garden on
Chestnut Street.

John Affleck

Kate Pendleton &
Robert Sylvain, Co-Chairs

PROGRAMMING COMMITTEE

Meets the third Thursday of each month at 5:30 pm in the community room at Unity Village. Plans events and community gatherings. Helps with After-School Arts Program and Summer Children's Lunch Programs.

Cindy Batchelder, Chair Sue Sylvain Chris Danse Colette Bouchard Susan McCloskey

Currently looking for new members. *Please call the BNA if interested.*

MEMBERSHIP COMMITTEE

Works on developing and maintaining membership in the BNA.

Patrick Ledwith, Chair Robert Sylvain Colette Bouchard Susan McCloskey Sue Sylvain Sean Kerwin

Currently looking for new members. *Call the BNA if interested*.

FINANCE COMMITTEE

Meets as needed

Steve Hirshon, Chair Chris Danse

TRANSPORTATION/ PEDESTRIAN COMMITTEE

Meets as issues arise.

Alex Landry, Chair Colette Bouchard Steve Hirshon Ron Spinella

TREE COMMITTEE

Meets as needed. Working on bringing more trees to Bayside streets.

Robert Sylvain, Chair Jeff Tarling Colette Bouchard Alex Landry

BYLAWS COMMITTEE

Meets as needed.
Colette Bouchard, Chair
Ethan Boxer-Macomber
Sean Kerwin
Patrick Ledwith
Rob Sylvain
Susan Violet

Nominating Committee

Meets each year to recruit and nominate new members for the Steering Committee.

Colette Bouchard, Chair Chris Danse Karl Gregor Donna Yellen



Bayside Neighborhood Association

PO Box 11563 Portland, Maine 04104 207.415.0769

email: Bayside_neighbors@msn.com

BNA STEERING COMMITTEE

Meets on the first Tuesday of each month at 6 pm in the community room of Unity Village, 24 Stone Street (behind City Hall). This is a great way to find out all that is going on in Bayside. Reports from all the subcommittees are given regularly. *The public is welcome*.

Cindy Bachelder Mike Bachelder Chris Bicknell Colette Bouchard Chris Danse Adam Hill Steve Hirshon Sean Kerwin Alex Landry Patrick Ledwith Susan McCloskey Carolyn Megan Nick Rosenblum Rob Sylvain Tom Trott Susan Violet Annie Wadleigh

The Bayside Neighborhood
Association (BNA)
REPRESENTS ALL THOSE WITH
A VESTED INTEREST IN THE
Bayside Neighborhood.
Our members are made
UP of Residents, property
Owners, businesses, and
Organizations in the
Neighborood. We welcome
Anyone who lives, works,
Or owns property in Bayside
To become involved.

For more information on the Black Frame Art Sale, see www.blackframeartsale.com, call Annie Wadleigh: 207-332-0253 or e-mail, awadleigh@meca.edu

Neighborhood Illustration in masthead by Robbie Neil

Layout & design by Lisa Peñalver, PenartOne Design | penart1@alaska.com

THE BAYSIDE NEIGHBORHOOD ASSOCIATION (BNA)

Bounded by Forest Avenue, Marginal Way, Congress Street, and Franklin Street, we are just minutes from Downtown, the beach, the working waterfront, and the bay. Historically, Bayside has been home to warehouses, scrapyards, manufacturing, small businesses, and many families that go back generations. Today, it is a mix of families and singles, young and old, immigrants and Mainers, old and new development, social services, businesses, offices, and an active neighborhood association.

We have monthly Steering Committee meetings the first Tuesday of the month at 6 pm, which are always open to the public. It is a great way to hear all that is happening in the neighborhood. Unless otherwise noted, all meetings take place in the community room at Unity Village, 24 Stone Street. Check out the committee page to see all the active subcommittees and what they are doing.

The BNA also produces the newspaper on a bi-monthly basis to keep members and the community informed on issues and events of interest. We have special meetings and host forums as the need arises to get people together to discuss issues impacting our neighborhood.

Community CONTACTS

Government

Portland City Hall 874-8300 | 389 Congress St. www.portlandmaine.gov Kevin Donoghue, District 1 Councilor kjdonoghue@portlandmaine.gov 409-2807

John Anton, Councilor-at-Large 650-8979

318-4961

Dory Richards Waxman, Councilor-at-Large | 774-8210 Representative Ben Chipman RepBen.Chipman@legislature.maine.gov

Senator Justin Alfond Justin@JustinAlfond.com | 828-0277

Police Department

EMERGENCIES: 911

Senior Lead Officer Dan Knight:

Cell: 650-8657 danielk@portlandmaine.gov

MIDTOWN COMMUNITY POLICING CENTER: Mary-Ellen Welch/Officer

Dan Knight 772-1373 26 Portland St.
Police Information Desk 874-8479
Non-emergency Dispatch 874-8575
Office of the Chief 874-8601
Internal Affairs
Patrol Division 874-8555
Police Personnel
Directed Patrol 874-8545
Criminal Records 874-8570
Traffic Unit
Detectives

Social Services

Preble Street Florence House

Amanda Wells, 699-4392 190 Valley Street

Preble St. Teen Center

Chris Bicknell, 874-1197 343 Cumberland Ave.

Oxford Street Men's Shelter

Josh O'Brien, 761-2072 203 Oxford St.

Family Shelter

Jeff Tardiff, 772-8339 54 Chestnut St.

Homeless Health Clinic

Beth Eilers, 874-8445 20 Portland St.

HOME Team (The Homeless Outreach and Mobile Engagement Team)

MORNING Outreach Team—Mon - Fri 7am to 3pm: Peggy Lynch cell: 838-8798, Email: plhomet@ gmail.com; or Ryan Searles cell: 233-4543 AFTERNOON Outreach Team—Tues - Sat 12 to 8 pm: John Dana cell: 838-8718, Email: jdhomet@ gmail.com; or Jesse Flynn cell: 838-8904

Salvation Army

Major Terry Shaffer, 774-4172 297 Cumberland Ave. terry.shaffer@salvationarmy.org

Ingraham Youth and Family ServicesTom Dunn 774-4357

Tom Dunn, 774-4357 237 Oxford St.

Preble Street

Mark Swann, 775-0026 18 Portland St.

Goodwill Industries

774-6323

353 Cumberland Ave.

Letter from the Auction Chairs Lisa castonia and melinda titus

IT IS WITH PRIDE and pleasure that we bring the 8th Annual Black Frame Art Sale to Bayside on September 9, 2011 at the Merrill Auditorium Rehearsal Hall on Myrtle Street. The Black Frame Art Sale, presented by the Bayside Neighborhood Association (BNA), is a major fundraising event that benefits the entire Bayside community while also promoting the work of local artists.

Over the past eight years, hundreds of artists have shown incredible works of art at the annual Black Frame Art Sale. The event has been extensively covered in the media and has become one of the most festive fall events in Portland. Funds raised by the show support local artists and contribute to the BNA's support of community develop-

ment and outreach programs for neighborhood children and families.

As the "gateway" to Portland, the Bayside community is a vital component of the city. The Bayside Neighborhood Association is the nonprofit voice representing the community's vision for growth and development. One of the last underdeveloped areas of downtown Portland, Bayside is on the cusp of massive growth. As its mission, it advocates for community-building, affordable housing, neighborhood safety, pedestrian access, and cultural awareness. It collaborates with the Community Policing Office and other institutions addressing important issues affecting the neighborhood.

By supporting this event, you enhance our

creative economy while investing in the vibrant potential of Bayside. The Black Frame Art also enables patrons to purchase beautifully framed, affordable, original art to add to their collections.

A special thanks to the tireless BFAS Committee and Curatorial Committee members who work diligently behind the scenes for months in advance, ensuring that this event runs smoothly and features the work of topnotch artists. Without them and the support of our sponsors and volunteers, this event would not be possible. *See you at the Sale!*

~ Lisa Castonia and Melinda Titus

2011 Co-Chairs

Civil War Sacrifices Remembered

Under a blazing sun with temperatures nudging ninety, ceremonies honoring the 150th anniversary of the first Portlander to die in the Civil War were held in Eastern Cemetery on Saturday, July 16th.

Sgt. Alonzo Stinson of Portland was just 19 when he was killed at the Battle of Bull Run, Virginia, in July 1861, the first major battle of the Civil War and a major defeat

for Northern forces. Many Mainers fell to Confederate fire that day or died of heatstroke on the dusty field where history says temperatures soared above 120 degrees.

"It was almost as bad as the real Bull Run, but Portlanders braved the heat to do the right thing and honor a fellow citizen," said former State Rep. Herb Adams, organizer of the event.

About three dozen people sought the shade beneath trees in the Eastern Cemetery on Congress Street, near the corner with Washington Avenue, at the Stinson Memorial--a 10-foot-tall granite monument carved to resemble a Civil War backpack and

blanket roll, bearing a bronze shield with Stinson's likeness.

"This is Stinson's monument, but not his grave," noted Adams. "Stinson's body, like so many others, was never recovered from the disaster on the battlefield. Bull Run was an absolute rout for the Union forces, a major embarrassment for our green troops. The Confederates drove the retreating Union troops from Virginia literally back into the streets of Washington DC itself."

Stinson was a member of the 5th Maine Regiment, an outfit known as the "Forest City Regiment" because so many of its members were recruited from Portland.

Speakers at the 150th anniversary commemoration included Maine State Historian Earle Shettleworth, Jr., a Portland native, who read accounts of the first year of the Civil War from the diary of William



Above, from L to R: re-enactor Joe Donahue of the Third Maine Regiment; Maine State Historian Earle Shettleworth, Jr., seated; Father William Campbell, giving the invocation; Herb Adams, emcee of the event. Below: Joe Donahue, re-enactor with the Third Maine Regiment, paying honor to the memory of Portlander Sgt. Alonzo Stinson, who died at the Battle of Bull Run.

eld with Willis, an historian and mayor of Portland.

Director Kim MacIsaac of the 5th Maine Memorial Museum on Peaks Island read contemporary accounts of Stinson's life from writings by those who knew him. The 5th Maine Museum on Peaks Island displays relics and literature about the Civil War and presents an ongoing program of lectures and exhibits for the 150th anniversary of the conflict

Father William Campbell, President of Cheverus High School, presented the invocation and benediction for the event.

Former state Rep. Adams spoke on the theme of "War And Memory" and noted that Stinson's monument sits next to the graves of Portland African Americans who fought in the American Revolution but who were buried in the segregated part of Eastern Cemetery set aside for black burials separate from nearby whites. "But all fought for the same country, in a sense, and the same long lesson," said Adams. "It should give us something to think about."

Re-enactor Joseph Donahue of the Third Maine Regiment attended in full uniform, giving symbolism to the event.

In 1908 Stinson's surviving Civil War comrades erected the monument, with a citywide parade and dedication ceremonies featuring Gen. Joshua Chamberlain.

"Young Stinson was not married, and his mother was one of Maine's first grieving parents of the Civil War. The first of thousands to come, sadly," said Adams.

The event marked the first of future ceremonies to be held in Portland during the Sesquicentennial (150th anniversary) of the American Civil War, 2011-2015. Portland sent about 7,000 men and women to serve in the war, according to state tallies.

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The BROADSIDE



BEING A FORUM FOR Editorial Viewf & THE Publick Opinion

WALKERS BEWARE: NEAR-MISS ON FRANKLIN ST.

by Jay York

WHAT I FEARED might happen at the intersection of Congress and Franklin Streets finally DID.... Fortunately, no one was hurt. Two weeks ago, I was "hit" by an east-bound truck making a right-hand turn onto Congress Street. At 7:48 AM on Monday, July 25th, I was crossing Franklin Street with my dog while the crossing signal was activated. A gray GMC pickup stopped at the light started to make a right onto Congress Street while I was directly in front of the driver's side. As the truck touched me I slammed my fist on the hood, pulled my dog out of the way, and watched the laughing driver continue to make the turn and drive away. I filed a report with the police but did not file charges since neither I nor my dog was hurt (I hit the truck harder than it hit me). When the driver of the truck was brought to the police station I asked him if he was blinded by the sun and he replied he couldn't see me or the dog even though we were right in front of him. His passenger agreed, saving he velled at the driver at the instant I hit his hood.

Recently "Yield to Pedestrians" signs were placed around this intersection, but they, by themselves, are insufficient. The traffic lights need to restrict right-hand turns when the pedestrian crossing signals are activated. This is critically important at this specific intersection because of the high traffic count in the morning and especially because of the sun being in the eyes of the drivers going east on Franklin Street. There is already a light in place that could accommodate this but there seems to be reluctance on the part of the Public Service Department to make this change. Supposedly this is because (from an email Mike Bobinsky sent to both Councilor Duson and myself) the Department does not have enough funds to hire traffic engineers to study my suggestions.

I find this a very poor excuse for not implementing common-sense changes that would further ensure the safety of pedestrians (and vehicles) at this very busy intersection.

Submitted by Jay York & dog Tucker at 58 Wilmot Street, Portland, ME

"You gain strength, courage and confidence by every experience in which you really stop to look fear in the face. You are able to say to yourself, 'I have lived through this horror. I can take the next thing that comes along.'

You must do the thing you think you cannot do. "

~ Eleanor Roosevelt

AT THE LIBRARY!

Portland Public Library's Brown Bag Lecture Series

This series features bi-weekly reading and question-and-answer sessions with authors from around the nation as well as those who hail from right here in Maine. All Brown Bag Lectures are free to the public. Guests are encouraged to bring their lunch; coffee provided by Coffee By Design.

Books on sale at each lecture courtesy of Longfellow Books, who generously donates a portion of the proceeds to the Portland Public Library. Questions about our Brown Bag Lectures or to be added to our weekly calendar e-mail, send us an e-mail!

Programs take place on Wednesdays from noon -1 pm in the newly renovated Rines Auditorium of the Portland Public Library at 5 Monument Square, unless otherwise noted.

Wednesday, Aug 31

Paul Doiron, Tresspasser

Wednesday, Sept 14

Liza Bakewell, *Madre*

Wednesday, Sept 28

David Livingstone Smith, Less Than Human: Why We Demean, Enslave and Exterminate Others

Future Wednesdays, TBD

My Last Duchess by Robert Browning

That's my last Duchess painted on the wall, Looking as if she were alive. I call That piece a wonder, now: Fra Pandolf's hands Worked busily a day, and there she stands. Will't please you sit and look at her? I said "Fra Pandolf" by design, for never read Strangers like you that pictured countenance, The depth and passion of its earnest glance, But to myself they turned (since none puts by the curtain I have drawn for you, but I) And seemed they would ask me, if they durst, How such a glance came there; so not the first Are you to turn and ask thus. Sir, 'twas not Her husband's presence only, called that spot Of joy into the Duchess's cheek: perhaps Fra Pandolf chanced to say "Her mantle laps Over my lady's wrist too much," or "Paint Must never hope to reproduce the faint Half-flush that dies along her throat": such stuff Was courtesy, she thought, and cause enough

For calling up that spot of joy. She had

A heart—how shall I say?—too soon made glad,
Too easily impressed; she liked whate'er
She looked on, and her looks went everywhere.
Sir, 'twas all one! My favor at her breast,
The dropping of the daylight in the West,
The bough of cherries some officious fool
Broke in the orchard for her, the white mule
She rode with round the terrace—all and each
Would draw from her alike the approving speech,
Or blush, at least. She thanked men—good! but
thanked

Somehow--I know not how--as if she ranked
My gift of a nine-hundred-years-old name
With anybody's gift. Who'd stoop to blame
This sort of trifling? Even had you skill
In speech--(which I have not)--to make your will
Quite clear to such a one, and say, "Just this
Or that in you disgusts me; here you miss
Or there exceed the mark"--and if she let

poetry corner

Herself be lessoned so, nor plainly set
her wits to yours, forsooth, and made excuse
--E'en then would be some stooping; and I choose
Never to stoop. Oh sir, she smiled, no doubt,
Whene'er I passed her; but who passed without
Much the same smile? This grew; I gave commands;

Then all smiles stopped together. There she stands
As if alive. Will't please you rise? We'll meet
the company below, then. I repeat,
The Count your master's known munificence
Is ample warrant that no just pretense
Of mine dowry will be disallowed
Though his fair daughter's self, as I avowed
At starting, is my object. Nay, we'll go
Together down, sir. Notice Neptune, though,

Taming a sea horse, thought a rarity,

Which Claus of Innsbruck cast in bronze for me!

The Victoria Mansion Presents...

TALES OF TERROR ON OCTOBER 21

Noted storyteller Lynne Cullen shares spine-tingling stories from nineteenth-century writers as the Mansion's lights are dimmed to gaslight levels. This year join us for three spooky nights of terror! Friday Oct 21– Sunday Oct. 23 at 6 pm and 8 pm. Sunday 10/23 is Family Fright Night! Bring the whole family for kid-friendly spookiness.

VICTORIA MANSION CHRISTMAS

GALA on NOVEMBER 30: this well-loved celebration is an annual highlight of the holiday season. This year's theme is Deck the Halls: the Carols of Christmas; each room in the Mansion will be decorated by a professional designer inspired by a different Christmas carol from the Victorian period. The Gala is a popular kick-off to the holiday season in Portland. For more information: (207) 772-4841, www.victoriamansion.org.

Page-To-Stage Discussions

Portland Stage Company, in collaboration with Portland Public Library, is pleased to present *Page to Stage*, an opportunity to engage in questions about the plays, playwrights, and ideas presented on Portland Stage's mainstage. Facilitated by Portland Stage artistic staff.

Tuesdays, 12pm–1pm, Rines Auditorium, Portland Public Library. Free and open to the public.

The Morini Strad: Tuesday, October 4, 2011 God of Carnage: Tuesday, November 8, 2011 Trouble Is My Business: Tuesday, January 31, 2012

Hidden Tennessee: Tuesday, March 6, 2012 Heroes: Tuesday, April 3, 2012 Marie Antoinette - The Color of Flesh: Tuesday, May 8, 2012

—press releases—

SO EASY—BUYING LOCAL PRODUCE A SNAP

City, Cultivating Community and Farmers' Market partner to ensure that low-income families have access to locally grown produce

In early August Mayor Nicholas Mavodones announced the launch of a new initiative designed to make it easier for low-income families to purchase and enjoy fresh locally grown produce. The Portland Farmers' Market Association in partnership with the city and Cultivating Community has developed Market Money, which enables participating

farmers to accept Supplemental Nutrition Assistance Program (SNAP) funds. A few years ago, SNAP, formerly known as food stamps, adopted swipe cards to help remove barriers to usage and stigma for low-income families participating in the program. Unfortunately, an unintended consequence of the new cards was a limiting of access to the city's Farmers' Market as few farmers were able to accept the new technology.

"With nearly 58% of the adult population in Cumberland County overweight or obese, we need to implement initiatives that remove hurdles to healthy and active living, and this program not only supports our local economy but also

makes it easier for low-income families to purchase locally grown produce," stated Mayor Mavodones.

Market Money allows SNAP recipients to purchase tokens at the Farmers' Market information booth, staffed by Cultivating Community, with their swipe card, which can then be redeemed at more than thirty farmers' stalls at either the Wednesday market in Monument Square or the Saturday market at Deering Oaks as well as any of the local produce stands located at community gardens. Farmers' market patrons can also take advantage of this program by using their debit cards to purchase tokens.

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Artist Profiles by Annie Seikonia

Gifting Through Art: Eva Rose Goetz evarosegoetz.com

EVA'S LOVE OF ART was fostered by her childhood travels through Texas and Mexico, which sparked her lifelong interest in South American art. Currently she lives with her family in Maine, where she makes art (www.evarosegoetz.com) and runs PachaWorks, a shamanic energy practice (www.pachaworks.com). In between she earned a BFA and an MS in Education and was active in New York's East Village art scene.

This is the first year Eva has participated in the Black Frame Art Sale. "Gifting through art is a call of mine," she says. She recently launched a project called "108 Angels" (www.108angels.com), which helps raise money for nonprofits through the purchase of her original angel grids or individual prints. She says, "My hope is that creativity can inspire healing on all fronts. And together, we come to acknowledge and understand that seeding and building worlds of beauty can become the norm where each person's needs are considered in the equation of goodness for all. We can understand that our own healing is in direct relationship with the health of our communities. This is community building at its best. Art is a tool and a bridge that reaches into the core and heart of a community. Art as expression can raise us all up and inspire other possibilities and healing."

The 108 Angels Project reflects Eva's lifelong interest in the importance of the ways we approach our lives and what we bring to each other. Eva loves the diversity of the Bayside community, which is why she decided to participate in the sale this year. She says, "When art is 'converted' into a collective currency and accepted as a way of engendering change, this is wonderful! When I'm asked to contribute in this way I am delighted. In essence I am being acknowledged for the gifts I carry. Life is mysterious, a gift, and fleeting. Individually, we are healthier when we acknowledge that we all are neighbors."

About her artistic process she says, "Sometimes my paintings reflect the groans, sadness, joy, and sighs of personal healing. Each piece tells a tale. My color choice may arise from crayon boxes, old holiday cards or nature. My art is a celebration of spirit: a celebration of life."

As an artist, Eva enjoys the excitement of bringing something new into the world and hopes that people experience inspiration from her pieces. She believes that the power of art cannot be overestimated. "Art can cut through dogma and allow a deeper truth to be sensed and recognized. Art can tear down veils of ignorance and allow light in. Art can create a stillness, a stopping point, where we remember to breathe in the beauty of who we are. Art can allow the darker parts of ourselves and our society to be voiced. Perhaps we come to new understandings of each other through art."

—press releases, cont.—

Funded by a \$2500 contribution from the city's obesity prevention program, the initiative is a part of a larger citywide effort to improve nutrition and combat obesity by promoting systemic change that makes healthy food choices easier for people regardless of income. The City of Portland through Healthy Portland, a local Healthy Maine Partnership and program of the City of Portland's Health and Human Services Department, initiated this effort through Healthy Portland's Communities Putting Prevention to Work obesity prevention grant. Last March, the city was awarded a \$1.8 million CPPW obesity prevention grant from the federal government, which has supported a number of citywide programs.

"The Portland Farmers' Market is thrilled for the whole community to have greater access to the market and to healthy, local foods," stated Jaime Berhanu, Portland Farmers' Market Association coordinator. "You can now buy vegetables, fruit, meat, cheese, eggs, flour, canned and fermented vegetables, honey, milk, yogurt, tempeh, bread, oats, and even vegetable seedlings all at the farmers' market, with SNAP, and they're all Maine grown and produced! Market Money is a service to the community that the farmers' market is proud to offer."

CITY CLERK'S OFFICE OFFERING NOTARY SERVICES

The City Clerk's office will resume offering Notary Service, starting August 1, 2011. The fee for Notary Service will be \$5 per document. The City Clerk's office is open Monday - Friday, 9 AM to 4:30 PM.

POLICE DEPT. OFFERS BASIC SELF-DEFENSE CLASS FOR WOMEN IN SEPTEMBER

Rape Aggression Defense course to offer real-life defense tools and tactics

This September, the Portland Police Department will offer its Rape Aggression Defense (R.A.D.) Training class. R.A.D.

Kathleen Daughan's Historical Passages kathleendaughan.com

MAKING ART has been Kathleen's passion since childhood. She studied at the University of New Hampshire with the renowned Maine painter John Laurent and the water-colorist Dr John Hatch. She also spent time at the Art Student League of Boston and at the Black Forest School of Art in Colorado.

Kathleen's versatility is demonstrated by her work in oil, pastel, watercolor, and acrylic. She chooses her media depending on her mood, the weather, and the location. She often paints en plein air or in her studio at Lucid Stage, the new arts center at 29 Baxter Boulevard near Back Cove. She has exhibited widely and is a member of many art organizations. Her website (www.kathleendaughan.com) is filled with gorgeous depictions of Maine and features a fascinating Maine Plein Air Journal.

The paintings featured in the Black Frame Sale depict islands in Casco Bay, John's Bay and Wolfe's Neck. They are from her series "Passages," which she has been working on for the past two years. "I am fascinated by the coastal islands and the passages they create, which have been used by various vessels over the course of Maine's history, starting with the Indians in their canoes. Naval battles have been waged amongst these islands during the Revolution and the War of 1812. Today, ferries, pleasure craft, and huge cruise ships ply these waters. My images of these islands intend to give a sense of place, timelessness, and history."

She says she is participating in the Sale in part because she works and paints in Bayside. "I see a vibrant community emerging at Bayside, which is very exciting. It's Portland's newest revitalized area and I'm happy to be a participant in its development. It is a joy to work at Lucid Stage and watch as the theater evolves. It's important that all areas of the arts are a part of this ongoing development. The Black Frame Art Sale gives great visibility to what is happening in the Bayside artistic community. I also find that the 10" x10" format is perfect for my work. I enjoy putting a landscape image into this unusual format. And the enthusiasm of the collectors to participate in this sale is incredible."

Profiles continued on page 6
See page 8 for list of all participating artists

provides women with the tools they need to both avoid dangerous situations and escape them. The course is specifically designed to help women survive situations in which their lives are in jeopardy.

This class is open to all women, ages 13 and older, in the Greater Portland area who would like to develop real-life defensive tools and tactics. The Basic Self-Defense Course consists of a series of four classes and one scenario day. The class is scheduled for September 6, 8, 13, and 15, from 6 PM to 9 PM and September 17 from 8 AM to noon (registration deadline August 31). All classes must be attended to complete the course. The classes will be held at the Portland Police Department, 109 Middle Street.

A donation of \$25 for the course is suggested. All donations support the Amy St. Laurent Fund, which sponsors the R.A.D. trainings. Due to attendance issues, all donations must be paid prior to the first class (send checks to ASLF/PPD RAD Program, Portland Police Department, 109 Middle Street, Portland ME 04101).

To sign up for the class or to receive more information about Portland R.A.D., e-mail ppdrad@portlandmaine.gov or call 874-8643.

PORTLAND SEES THE FOREST FOR THE TREES: "Project Canopy" grant to fund comprehensive review of the health of 200 acres of forest

In July the Maine Forest Service announced that the City of Portland was selected for a Project Canopy grant to help fund the city's assessment of the health and condition of 200 of its 330 acres of wooded forest. The grant will fund a survey of forests in Riverton Trolley Park, Riverside Golf Course woodlands adjacent to the golf course, Oatnuts Park and Presumpscot River Preserve. The assessment, scheduled to begin this fall and complete by spring 2012, will include a review of existing conditions and make recommendations to address a variety of issues including crowding, invasive species and erosion to sustain and enhance the

continued on page 6

Street Shooters: Jim Kelly & Karen Bushold

jimkellyart.com | flickr.com/photos/bushold/

LOCAL PHOTOGRAPHERS Jim Kelly and Karen Bushold have a deep appreciation for where they live and work. Jim describes participating in a community-centered art sale as "a unique chance to engage neighbors and friends -- to also encounter new people and elements in our immediate environment. It's a wonderful venue that benefits both the individual artists as well as the greater Bayside community." Karen adds, "As relative newcomers to Portland, being part of Black Frame has expanded our knowledge of the community and introduced us to our neighbors, other artists and photographers."

Karen says that the Black Frame show "offers the interesting challenge of trying to select photographs that could dazzle from a very small frame. Each year I try to select my best-looking six- inch squares from a year of work!" This year she has chosen selections from a series on street art called "Painters Painting," depictions of artists working with spray cans, buckets, brushes, and chalk on city streets. Jim generally works in large-print format (30" x 45"), so the Black Frame show is a challenge for him as well. He says, "Generally the works I submit are smaller abstracted versions of my larger pieces. I often take certain themes or techniques from the larger work and reduce them. I normally submit exploratory work that tends to be somewhat quirky and a bit edgy. The small scale allows me to investigate new themes and subjects."

Jim Kelly was a professional commercial photographer for 25 years in Boston, and Karen Bushold worked as an administrator at a university. When they retired they moved from Kittery Point to a live/work condominium in East Bayside. They both exhibit at numerous local galleries and art associations throughout Maine and New Hampshire and the Gulf Coast of Florida.

Karen says that "after years of developing and printing black-and-white photography in the darkroom and shooting on Kodachrome, we both now work in color digital photography. Jim is a Nikon guy and I am a Canon G210 fan. We print on Epson printers and usually frame our smaller work ourselves. Jim works on his large prints in various media and then has the final pieces framed."

"We both do most of our shooting on city streets," she says. Their subject matter includes "looking for pattern, color, texture, shape, light, and reflection." The Wynwood arts district of Miami has become one of their favorite cities to walk and shoot together. Karen also does photography of the natural world in a continuing series on tropical flora of the Gulf and another on Old Orchard Beach. Jim cites his photographic inspirations as the classic street-shooters—Robert Frank, Bresson, Lee Friedlander, and others. He says, "As an older artist I embrace the complete freedom to explore and express whatever one wants with whatever materials one wants to use. Hopefully my work elicits some delight, surprise (perhaps even horror), but at least presents some form of visual challenge. One role of the artist is, I feel, to contribute some vision or insight into the daily struggle of life. I believe art can provide substantial meaning in a materialistic society."

—press releases, cont.—

quality of the forests.

"Portland's forest are a valued asset and enhance the quality of life for the community," stated City Arborist Jeff Tarling. "These woods and parks provide a natural habitat for animal and plant life, reduce storm water runoff into the city's natural waterways, give children of all ages a chance to explore forests in the heart of the city, and are cherished destinations for hikers and birders. It is crucial that we have a plan in place that will help keep these forests alive and well for generations to come."

A victim of the elements, Riverton Trolley Park is expected to be a top priority. Established in 1896, Riverton Trolley was one of Portland's premier attractions. The park, which was served by a trolley that departed from Monument Square, once contained a casino, an amphitheater, dance hall, and a wildlife petting zoo.

Today, erosion, storm damage, and invasive species such as Norway Maple and Japanese honeysuckle have negatively impacted the health of the woods.

The survey will be conducted in partnership with the Maine Forest Service, Maine Tree Foundation—Project Learning Tree, Maine Audubon, Portland Trails, Portland Land Bank and the City of Portland Public Services Department. This assessment will be the second for the city; the first evaluated 130 acres in 2008.

Maine Forest Service's Project Canopy supports sustainable community forestry management, and efforts to increase awareness of the benefits of trees and forests in Maine. The city's award of \$2400 includes an equal local match. Project Canopy is funded by the USDA Forest Service Community Forestry Assistance Program.

Transformative Art: Lisa Dombek

lisadombek.com

EVEN LISA DOMBEK'S HOUSE on the East End has found its way into her art. Built in the 1860s, the house came with some gorgeous old linoleum that eventually became part of one of her "found art" wall sculptures. Her studio inside is filled with works in progress, and the rooms throughout form a gallery of how her art continues to morph over time, from mysterious depictions of an intriguing house on Monhegan Island to large meditations on women in war to a plaster-on-board series related to loss and mourning. Yet all her work remains cohesive in its exploration of spirituality and transformation. Outside, she has remodeled the backyard into a pungent sanctuary of lavender, thyme, Echinacea, roses, basil, Veronica, scented geraniums, and other flora. It is the perfect respite for an artist.

This is the first time Lisa has participated in the Black Frame Art Sale. She says she was drawn by the "community of artists and the high quality of the work." Besides bringing her artwork more exposure, she likes the sale not only because it brings her artwork more exposure but also because it benefits both artists and community. For the sale she created a series of crows, which have appeared as a motif in her

work for years. She views crows as "shape-shifters and transformers," qualities she identifies with. For the sale, she worked on many versions, narrowing them down to five pastel and paper original artworks that are individually striking while also displaying well as a group.

Lisa moved to Portland in the mid-80s, in the midst of pursuing an ac-

"Painting is silent, but loud in a different way."

tive life as a dancer, musician, and performance artist. Her paintings range in size but are generally filled with movement, and she says part of the reason she enjoys doing large paintings is because of the freedom of motion. In comparing the process of painting to playing the guitar and singing, she says, "Painting is silent, but loud in a different way." Art and music run in her family and have shaped her life from an early age. Some of her latest work is part of a "Celestial Phases" series, which was inspired by last winter's solstice lunar eclipse. It features planets painted in a palette of luminous pastels. Lisa says this latest work reflects "celestial bodies in a limitless universe, the circles representing the power and energy of cyclical nature."

PORTLAND PUBLIC LIBRARY HOSTS TEEN GAME NIGHT

Thursdays in Sept. from 3 -5 pm

Join the Portland Public Library every Thursday in September in the Teen Lounge from 3 -5 pm for video games and board games. Open and free to all teens ages 12-18 years old.

Hundreds respond via TEXT-A-TIP in 1st year

Police department initiates public information campaign to promote crime tips program

On the eve of the first anniversary of the Portland Police Department's Text-a-Tip program, local radio stations have begun to air public service announcements to remind the public of the program and how it works. Text-a-Tip, which is funded by local businesses, provides residents with an opportunity to anonymously submit crime tips to Portland police. Since implement-

ing the program last September, the Police Department has received more than three hundred tips from the public, many of which have led to significant leads, including locating a missing person and a number of wanted individuals. Recently, a text tip from a concerned citizen who witnessed the illegal sale of alcohol to a minor helped lead officers to the discovery of illegal gambling at the establishment.

"Text-a-Tip has given the public an opportunity to engage with the police department in a way they haven't before, and it is making a difference," stated Acting Police Chief Michael Sauschuck. "Over the course of the year, we have seen time and time again that when asked, the public will step up to the plate to do what they can to help our criminal investigations, and I want to thank the residents for supporting this effort."

Tips submitted through the program are

continued on page 7

Bayside's Annual Block Party

By Marge Niblock

The Bayside Neighborhood Association block party was held on Saturday, August 13, a day with perfect weather for the outdoor festivities, which took place from 2 p.m. to 6 p.m. in the Goodwill parking lot next to Dyer's Variety, on Portland

State Representative Ben Chipman brought his gas grill and spent the entire time cooking. Ed Simmons, owner and manager of Rockin' Rickey's Tavern, donated the meat, already pressed into 300 hamburger patties by him and his staff. Simmons is on Bayside's Neighborhood Watch Committee.

Mary-Ellen Welch, who staffs the Midtown Community Policing Center, put in many hours helping to set up and then stood behind the counter serving the hotdogs and hamburgers. Bayside board member Steve Hirshon had the important job of giving out tickets to people who lined up for food and beverages.

Senior Lead Officer Andjelko Napijalo was a hit with the children as he bent over to place stick-on police badges on their clothing. The music and karaoke were enjoyed by all, and the event was something that entertained all age groups, with several of the neighborhood people performing at a professional level.

The block party was organized by Bayside's Cindy Batchelder and sponsored by the Bayside Neighborhood Association, Preble Street, State Rep. Ben Chipman, Ed Simmons of Rickey's Tavern, Wayside Soup Kitchen, Goodwill, Salvation Army, Frito-Lay, Dyer's Variety, Lost Coin Café, G&R Di Millo's, and the City of Portland. Thanks to all the volunteers who helped out.





Photo by John Van Hoewyk



Photo by Marge Niblock





Photo by Annie Sekonia



Photo by Annie Sekonia

John Van Hoewyk

—press releases, cont.—

sent to a secure server in Canada, where all identifying information is removed. A four-digit code is then assigned to the text, ensuring that the Police Department has no way of identifying the tipster. The tip is then given to an investigator for follow-up, during which the investigator may respond to the text submitted for additional information. Individuals can request that they not be contacted by sending STOP as a text to 274637 at any time.

The Text-a-Tip public information campaign, developed by local marketing agency CD&M Communications at no cost to the city, will run on more than a dozen radio stations for the next three months for free. Text-a-Tip is designed for reporting information about crime and criminal investigations and should not be used during an emergency. Residents are reminded to dial 911 when witnessing criminal activity or if they need immediate attention.

To Text-a-Tip mobile phone users should text the keyword "GOTCHA" plus their message to 274637 (CRIMES). Community members can also submit tips by going to the Portland Police Department website: portland-police.com and clicking

"Submit an Anonymous Crime Tip," or they can leave anonymous phone tips on the Department's Crime Tip line: 874-8584.

ARE YOU POURING ON THE POUNDS?

City unveils public information campaign about the impact of sugar-sweetened beverages on health

On August 8, Mayor Nicholas Mavodones was joined by Dr. Steve DiGiovanni, Director of the Barbara Bush Children's Hospital Ambulatory Care Clinic to unveil the city's new obesity prevention public information campaign, Pouring on the Pounds. The campaign, which begins this month and includes public service announcements (available online) featured on buses, local papers, and television, is designed to inform the public of the health risks associated with consuming sugar-sweetened beverages. Sugar-sweetened beverages are the leading source of added sugars in the diet of Americans, with a 20 oz. soda equivalent to consuming sixteen packets of sugar, or 250 calories. These beverages account for forty percent of the overall added sugar consumed in the country-more than any other food.

"Our children represent the first generation whose life expectancy is projected

to be less than their parents', and we have a responsibility to educate and arm families with the tools they need to make the choices that allow them to live healthy and active lives," stated Mayor Mavodones. "Obesity is the second-leading cause of preventable death in the U.S. and may soon overtake tobacco as the leading cause, which is why the public, especially our youth, needs to be aware of the impact added sugars like those found in soda as well as sports and energy drinks can have on their health.'

Maine is the most obese state in New England, with one out of every three children in the state and fifty-eight percent of all adults in Cumberland County either overweight or obese. Last year, the city received \$1.8 million to implement strategies to prevent obesity from a Communities Putting Prevention to Work grant. The grant is administered by Healthy Portland, a local Healthy Maine Partnership and program of the City of Portland's Health and Human Services Department. Pouring on the Pounds is the latest public health strategy funded by the grant to encourage active living and healthy eating. Other initiatives include working with the Portland Farmers' Market Association to accept SNAP benefits, increasing the number of community gardens within the city, working with local restaurants to add calorie information to their menus, developing a citywide plan to increase safety and access to streets and trails for pedestrians and cyclists, and the installation of salad bars at Portland Public Schools.

IT'S TIME FOR LIGHT!

Commemorate the 10th Anniversary of 9-11 by helping create a ring of light & peace around the Back Cove

Sunday, Sept 11, 2011 from 6 to 8 PM

To commemorate the 10th Anniversary of 9/11, Mainers will gather in the evening to ring the Back Cove in Portland with light, for a different world - one of enlightenment! Calls for a world of humanity, justice and peace!

Meet at the Back Cove at 6 pm; Come to the Payson Park or Hannaford Parking Lot. We'll space ourselves to encircle the Back Cove and turn on our lights at 7:30. Bring friends. Bring lights. Bring signs.

Flashlights and candles are turned on half an hour after sunset will represent a future of positive thinking and acting, instead of the fear and anger of the last 10 years.

FMI: 774-1995, www.peaceactionme.org "Another World is Possible"









Above, clockwise from upper left: paintings by Eva Rose Goetz, Kathleen Daughan, Lisa Dombek, and photo by Karen Bushold. Their profiles appear inside this issue of The Baysider.

Join us in THANKING **OUR GENEROUS SPONSORS**

We are extremely grateful for the sponsorship of the local businesses in our community. They are vital to the success of our event.

WE ENCOURAGE YOU TO SUPPORT THEIR BUSINESSES.

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NAN SAWYER Broker at Keller Williams Realty

A special THANK YOU to Taja Dockendorf, principal of Pulp + Wire, a traditional print and online media company, for donating her design expertise for our printed materials, and to Lisa Castonia of Grapheteria for providing framing services and extensive support to our event.

The Bayside Block Party (below) was held on August 13, 2011. Sun, music, games for the kids, food & friendly neighbors were all in abundace. For more on the party, see page 7.





Photo by Annie Sekonia



LOGISTICS

2011 BLACK FRAME PLANNING COMMITTEE

Lisa Castonia, Co-Chair Melinda Titus, Co-Chair Colette Bouchard Janice Dunwoody Brenda Grant-Hays Steve Hirshon Avery Yale Kamila Annie Wadleigh Anastasia Weigel

2011 BLACK FRAME CURATORIAL COMMITTEE

Anastasia Weigle, Chair Colette Bouchard Lisa Castonia Janice Dunwoody Brenda Grant-Hays Melinda Titus Annie Wadleigh

